

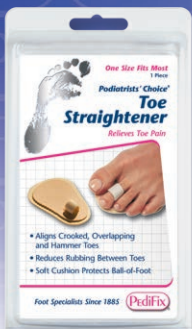
PediFix

Medical Footcare

**#1 with
Footcare
Experts™**



Relief & Comfort Guaranteed!™



OTC Footcare Product Guide
Volume 12



End foot pain...Relieve foot problems...Stay active!
Don't suffer needlessly — here's help for sore feet...

Congratulations! You've discovered the unique, medical footcare products that foot specialists use and recommend most to their patients. Look carefully through this product guide to find those that will help you, or a loved-one live more comfortably.

We've helped millions of people end their foot pain. Chances are good we can help you, too.

Ask your foot specialist. Ask your healthcare retailer. Get PediFix Medical Footcare, for 'relief and comfort, guaranteed'.™

No Sore Feet!

Jon P. Case
Jon P. Case

President

The PediFix Footcare Company
Foot Specialists, Since 1885



P.S. Many foot problems don't go away by themselves.
If you're suffering, now is the time to act!

NEW!

15 Minute
UV Shoe
Sanitizer

ShoeZap

**Kills Fungus & Bacteria That Can Infect —
and Re-Infect — Your Feet**

**For 'Microscopically Clean',
More Hygienic Shoes
That Don't Smell!**

Shoes are warm, dark and damp — the perfect breeding ground for germs that can infect your feet and make them smell. More effective than sprays and powders that can leave a toxic residue, ShoeZap® is the fast, easy way to kill fungus and bacteria that cause Athlete's Foot, Fungal Nails, Foot and Shoe Odor, Diabetic Infections and more. Keeps shoes 'microscopically-clean', more hygienic and safe to wear. One size Sanitizer fits all footwear styles and sizes, so ShoeZap® will disinfect every shoe in your home and family — Men's, Women's, Teens and Children. Shoes are the only article of clothing we never clean — until now.

1 Kit

● Item P3410

Replacement UV-C Lamps 1/package

● Item P3411



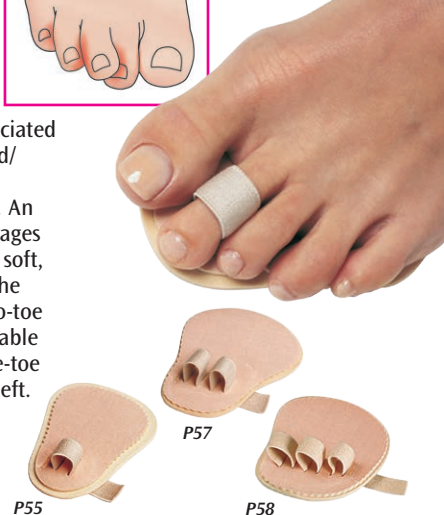
Toe Straightener

Aligns Problem Toes

Reduce pain and friction associated with crooked, overlapping and/or flexible hammer toes with this comfortable slip-on pad. An adjustable loop gently encourages proper toe alignment while a soft, dual-layer cushion comforts the ball-of-foot area. One and two-toe Straighteners are interchangeable for left or right foot. For three-toe Straightener, choose right or left.

1/package. Specify items:

- Item P55 (Single-Toe)
- Item P57 (Double-Toe)
- Item P58 (Triple-Toe)



Tea Tree Ultimates® FungaSoap®

Naturally Washes Away Fungus and Bacteria with Tea Tree Oil

Win the fungus battle! This patented soap features Tea Tree Oil – used since ancient times to fight germs and as a natural antiseptic to prevent infection. Our exclusive formula can help relieve athlete's foot and control odor. Also effective as an overall body wash to help alleviate skin rashes and irritations, ringworm, acne, itching, sweating and more. If you have a foot or body skin condition, try FungaSoap® today.

6 oz. 1 bottle

- Item P3071

13.5 oz. 1 bottle

- Item P3072

Developed by
a Podiatrist



**“...the only thing that’s
relieved our skin conditions”**

Agnes L., Orlando, FL

FELTastic™ Callus Protectors

Take Pressure Off Sore Spots

These soft pads instantly absorb pressure and friction while comforting calluses, blisters and other foot problems. Self-adhesive backings keep them securely in place. Trimmable.

One Size Fits Most. 8/package.

- Item P16



Great for the
backs of heels, too!



**“What a wonderful product! I have been
searching for relief...and your product has
finally given it to me. Thank you!”**

Lynda G., Virginia



Exclusive
Soft'N Stretch™
fabric



Lined with soft Gel

Visco-GEL® Fabric-Covered Toe Protector

Provides Complete Toe Comfort

Take a stand against corns, ingrown nails, blisters and other toe irritations and protect them so they can heal naturally. This soft fabric cap stretches over your entire toe and completely surrounds it with vitamin-enriched Gel to absorb pressure and friction while releasing mineral oil to soothe and moisturize skin. No messy adhesives. Trimmable.

Specify size Small (fits most), Large or Extra Large 1/package.

● Item P82



Thin Wall

Thicker Distal End

Comfort Vent



Visco-GEL® All-Gel Toe Cap

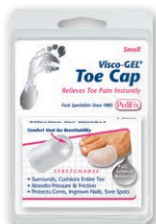
Cushion and Protect Sore Toes

Surround toes with soft Gel protection. Thin side wall design takes up less space in shoes, 'Comfort Vent' for breathability, extra padding for toe-tip protection. Relieves pain from corns, 'hammer' and crooked toes, ingrown nails, more.

Specify Small, Large or Extra Large.

1/package.

● Item P80



Small Medium Large

Podiatrists' Choice® Nylon-Covered PolyFoam™ Toe Cap

Ends Toe Pain Instantly

Surround your toe with soft foam and relieve discomfort from corns, ingrown nails, blisters and other toe problems. A nylon cover and additional toe-tip padding provide extra durability and comfort.

Specify Small, Medium or Large. 1/package.

● Item P34

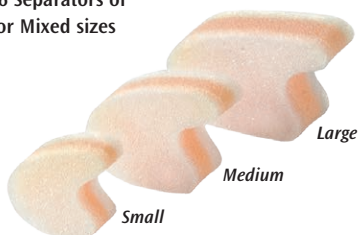
3-Layer Toe Separators™

Divide Toes and Conquer Pain

Separate your crooked toes to relieve between-toe corns, blisters, pinching and cramping. These soft cushions soothe and prevent irritations by absorbing pressure with their durable, three-layer foam design. Trimmable.

Each package contains 6 Separators of Small, Medium, Large, or Mixed sizes

● Item P280



Visco-GEL® Toe Separators

Divide Crooked Toes Comfortably

Our soft Gel cushions help absorb pressure and friction to relieve rubbing, pinching, cramping and between-toe corns. Their vitamin-enriched gel also releases mineral oil to soften and moisturize skin.

Specify Small, Large, or Extra Large & Thick (Small fits most toes)
2/package.

● Item P31



'4 in 1' Super Soft Toe Cushions™

Gently Separate, Cushion and Protect Toes

These soft foam cushions divide toes to absorb pressure and friction while comforting corns and other toe irritations. They also keep the space between toes dry and help athlete's foot medications stay in place. Great for pedicures, too. Trimmable.

One Size Fits Most. 2/package.

● Item P83





FELTastic™ Corn Protectors

Cushion Corns with Softness

Protect your feet from shoe pressure and friction while allowing corns to heal naturally. Self-adhesive backings keep them securely in place. Great for small blisters, too. Trimmable.

One Size Fits Most.
10/package.
● Item P15



NEW!

Pedi-GEL® Corn Cushions

Unique Gel protects sore spots to end pain. Self-adhesive to stay in place. Washable and reusable for repeated applications..

One Size Fits Most. 12/package.
● Item P8206



Visco-GEL® Little Toe Sleeves™

Specially Designed to Fit the 'Pinky' Toe

Unique Gel soothes irritations and allows them to heal naturally with this sleeve, sized just right to fit your little toes. Soft gel absorbs pressure and friction to relieve pinching and cramping. Helps corns, blisters, ingrown nails and other irritations. Fits comfortably in most shoes.

One Size Fits Most. 2/package.
● Item P32

"...the products are great. They have made a difference in my parents' everyday life"

Dr. L., Pittsburg, PA



Visco-GEL® Fabric-Covered Toe Tube

Soothes and Protects Sore Toes

Soft fabric with Gel lining surrounds and separates toes. Cushions and protects to relieve corns, between-toe friction and irritation. Trim to fit to your exact needs. Choose Small for most toes, Large for big toes.

1, 6-inch piece/package.
● Item P1202

ToeSnug™ Adjustable Hammer Toe Wrap™ **NEW!**

Relieves Hammer Toe Pain

Supports, separates, aligns and comforts crooked, overlapping and claw toes. Cushions hard and soft corns and relieves metatarsalgia, too. Customize to fit around individual or groups of digits. Dual-action design takes pressure off of toe tips and encourages flexion and extension of hammer toes. Interchangeable for right or left foot. Sizing is approximate. Small fits show sizes 4-7; Medium fits shoe sizes 7-10; Large fits show sizes 10+

Specify Small, Medium or Large

1/package.

● Item P8163



Visco-GEL® Corn Protectors

Relieve Painful Corns Instantly

Allow corns to heal naturally and prevent them from coming back. Slip on these soft bandages and their comfortable Gel pad will absorb pressure and friction. Visco-GEL® releases mineral oil and vitamin E to soothe and moisturize skin. Great for blisters too. Fabric stretches for a custom fit. No messy adhesives.

Specify Small or Large (Small fits most toes)

2/package.

● Item P81

Soft Gel Inside



Soothing gel lines one side of the bandage's interior.

Visco-GEL® All-Gel Digital Tubes

Surround & Divide Sore Toes

Soft Gel Tubes cushion and protect toes from pressure and friction, separate toes that rub. Relieve corns, crooked and overlapping toe irritations. Fit comfortably in most footwear.

Each package contains 1 small, 1 medium size that fit most toes.

2/package.

● Item P338



Tubular-Foam Toe Bandages™

Surround, Cushion and Protect Toes

These soft, foam tubes instantly cushion and separate toes that rub while reducing pressure and friction. Relieve corns, ingrown nails and other irritations comfortably while wearing almost any type of footwear. Trimmable.

Each package contains three, 3-inch long bandages of Small, Medium, Large, or Mixed sizes.

● Item P337



Great for fingers too!





*Hydrates Toe Top Corns,
Takes pressure off sore toe tips*



Large

Medium

Small

Visco-GEL® **NEW!** **Hammer ToeCrutch™**

*Relief for Hammer or 'Claw' Toes
Innovative New Single-Toe Design*

Specially contoured to support the sulcus, elevate toe tip and relieve distal pressure. Helps involve hammer and claw toes in gait for improved biomechanics. Soft, extra-wide, Visco-GEL® toe loop protects, hydrates & softens typical 'PIP' toe-top corns, and keeps device in place. Small has a 12.5mm diam., Medium has a 15mm diam., Large has a 20 mm diam.

Specify Small, Medium or Large.
2/package.

● Item P1037



Visco-GEL® **Hammer Toe Cushion**

*Supports Bent-Under Toes,
Relieves Toe-Tip Pressure*

This special Gel cushion will ease pressure on toe tips to help prevent corns, calluses and blisters. Also soothes ball-of-foot pain often associated with hammer, claw or mallet toe conditions. Stretchable gel ring holds cushion in place without adhesives. Durable, washable and reusable for months.

Specify Small, Medium or Large, Right or Left. 1/package.

● Item P53



Soft Felt and Visco-GEL® **Hammer Toe Cushion Sizing**

Small fits Women's Shoe Sizes 4-7

Medium fits Women's Shoe Sizes 8-10, Men's 6-8

Large fits Women's Shoe Sizes 11+, Men's 9-10

Extra Large fits Men's Shoe Size 11+

Soft Felt **Hammer Toe Cushion**

Comforts Bent-Under Toes

Soft felt pad will instantly support your hammer, claw, mallet and/or arthritic toes while easing pressure on toe tips to help prevent corns, calluses and blisters. It can also soothe related forefoot pain. Adjustable toe loop holds cushion securely in place. Soft felt top cover.

Specify Small, Medium, Large, or Extra Large, Right or Left. 1/package.

● Item P54



NEW!

Visco-GEL® ToeBuddy® Bunion Guard™

*Separates, Aligns, Cushions
and Protects*

Two loops keep a soft Gel spacer in perfect position between first and second toes to separate and align. Contoured Guard absorbs pressure and friction to relieve bunion pain. Exclusive Visco-GEL® soothes and softens skin. Thin design fits in most footwear styles and makes shoes more comfortable. Washable, reusable and effective for months.

One Size Fits Most. 1/package.

● Item P1038



Nighttime Bunion Regulator™

*Counteracts the strain that causes
pain and deformity*

This unique splint works while you rest or sleep to relieve bunion pain. It holds the crooked big toe in its proper, natural, and correct position to ease discomfort, stretch and strengthen foot muscles and ligaments. Fully adjustable to your exact comfort needs. Recommended to patients as an alternative to bunion surgery.

Specify Small, Medium or Large and Left or Right.

(Fits Shoe Sizes — Small: Women's up to 7; Medium: Women's 8–10 & Men's 6–8; Large: Women's 11+ & Men's 9+.)

1/package.

● Item P6035



Pedi-Smart® Toe Trainers®

Splint Problem Toes

Ease pain by separating and straightening crooked, broken and/or hammer toes with these soft, fabric-covered splints. They feature adjustable Velcro® fasteners to secure a comfortable fit. Require minimal space in shoes. Fit left or right foot. Trimmable.

One Size Fits Most. 2/package.

● Item P51





Visco-GEL® Toe Spacers

Divide Sore Toes

These soft Gel positioners separate your big toe and second toe to help maintain proper alignment, prevent rubbing and relieve pressure on bunions. The vitamin-enriched Gel releases mineral oil to soothe and moisturize skin. Interchangeable for left or right foot.

Specify Small, Medium or Large (Medium size fits most) 2/package.

● Item P28



Gel loop fits
on either toe

Visco-GEL® 'Stay-Put' Toe Spacers™

Gel Loop Keeps Spreader in Place

Gel toe spacers are great, but sometimes they move out of position. Our new, anatomically-shaped Spacer has a soft Gel toe loop that solves the problem, keeping the Gel pad in place.

Specify Medium (fits most) or Large size. 2/package.

● Item P27



NEW!

Visco-GEL® ToeBuddy® & Little ToeBuddy®

Separate & Align Toes That Rub

Two, soft Gel toe loops keep a contoured Spacer in place between first and second toes to separate, align, prevent corns, rubbing and friction. Helps keep crooked toes straight to relieve pressure on bunions, too. Fits left or right foot. Washable. Reusable. One Size Fits Most.

ToeBuddy®

● Item P33 – 1/package

Little ToeBuddy®

For Smaller Toes

● Item P35 – 1/package



Medium size fits most, Small and Large sizes also available. 2/package.

● Item P229

Bunion Relievers™

Align Toes Properly

These soft, durable spacers separate your big and second toes to help maintain proper alignment, prevent friction and relieve pressure on sore bunions. Interchangeable for left or right foot.

Note: Product contains natural rubber latex which may cause allergic reactions.

Visco-GEL® **Bunion Guard™**

Absorbs Pressure... Eases Pain

This soft, Gel shield cushions and protects sore bunions from pressure and friction. Visco-GEL® is enriched with vitamin E and mineral oil to soothe and moisturize skin. Slim design fits easily in most shoes. Soft, stretchable toe loop holds Guard in place without adhesives. Washable and reusable for months.

One Size Fits Most. 1/package.

● Item P46-L

Visco-GEL® Little **Bunion Guard™**

Absorbs Pressure... Eases Pain

Specially-designed Gel cushion helps protect against irritation at the base of the little toe often called a 'Bunionette' or 'Tailor's Bunion'.

One Size Fits Most. 1/package.

● Item P46-S

Visco-GEL® **Dual-Action** **Bunion Fix™**

Double Relief!

Two products in one! Soft Gel Spacer separates first and second toes that rub and helps align mild bunions, while the attached, contoured Gel Guard cushions and protects the painful bunion joint at the base of the big toe.

One Size Fits Most.

1/package.

● Item P47

Visco-GEL® **Bunion Relief Sleeve**

Ends Bunion Pain Instantly

Soft Gel pad cushions and protects bunions from shoe pressure and friction. Soft'N Stretch™ fabric sleeve positions the Gel comfortably, without adhesives. Spacious shoes will best accommodate its 1/8" thickness. Interchangeable for left or right foot.

Specify Small (fits shoe sizes 5-9 and average width feet) or Large (fits sizes 10+ and wide feet).

1/package.

● Item P1303



*"Relieved my
pain instantly"*

Sally F., Akron, OH





P88

Stretchable Toe Loop
Keeps Pad in Place



P3004

Podiatrists' Choice® Ball-of-Foot Cushion

Extra Metatarsal Padding

Help prevent callus development and ease your ball-of-foot pain by absorbing shock and reducing friction. This soft, double-layer foam pad stays securely in place with a comfortable toe loop and features a nylon cover for extra durability. Great for thin-soled footwear.

One Size Fits Most. 1/package.

● Item P88

Visco-GEL® Ball-of-Foot Cushion

Soft Gel Forefoot Protection

Specify Small (4-8) or Large (9+),
Right or Left
1/package.

● Item P3004



Great for women's
and men's shoes

Metatarsal Shoe Cushions

Ball-of-Foot Relief is Here

Just place these durable foam cushions in your shoes to instantly absorb shock and reduce pressure on the balls of your feet. These self-adhesive pads will help prevent calluses and stop your feet from sliding forward in your shoes. Great for thin-soled footwear.

One Size Fits Most. 1 pair/package.

● Item P90



Visco-GEL® Ball-of-Foot Wrap

Helps Relieve Metatarsal Pain

Stretchable fabric positions the soft Gel cushion to protect the forefoot. For use under or over socks, or barefoot. Thin profile fits comfortably in most shoes. Washable and reusable for months. Interchangeable for left or right foot.

Small fits narrow and average width feet.
Large fits wide feet. 1/package.

● Item P1295

FELTastic™ **Metatarsal Support Pads**

Ease Ball-of-Foot Pain Instantly

Contoured pads provide orthopedic support to delicate metatarsal bones to cushion, protect and relieve forefoot pain more effectively than 'flat' pads. Take pressure off painful calluses and 'dropped' metatarsal heads. Soft, durable, 100% wool felt conforms to your foot for a custom fit. Self-adhesive backings keep them in place in shoes.

Small fits shoe sizes 6-9, Medium fits 9+
1 pair/package.

● Item P86



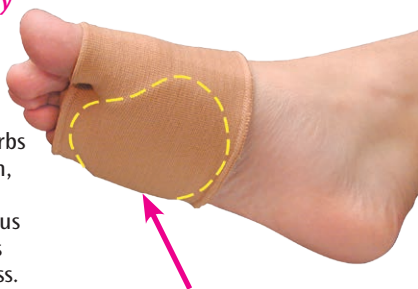
Visco-GEL® Ball-of-Foot Protection Sleeve

Cushions & Protects Completely

Soft'N Stretch™ fabric sleeve positions a thick Visco-GEL® pad under the forefoot comfortably, without adhesives. Protects metatarsal heads, absorbs shock to relieve ball-of-foot pain, prevents calluses and makes shoes more comfortable. Spacious shoes will best accommodate its approximate 1/8th inch thickness.

Specify Small or Large, Right or Left. Small fits shoes sizes 6-9 and average width feet, Large fits shoe sizes 9+ and wide feet.

● Item P1225



Soft Gel Inside

Pedi-Patch™ **Self-Adhesive Moleskin Foot Protection Pads**

All-day pain relief for calluses, tender spots and sensitive areas

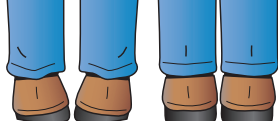
Soft, specially-shaped, self-adhesive 'Moleskin' flannel protective 'patch' is recommended by foot specialists to cushion and protect the ball of foot/metatarsals from friction and irritation. Eases pain from calluses and sensitive skin. Doesn't take up any space in shoes. Also effective on back of heel and other spots shoes can rub.

One Size Fits Most. 6/package.

● Item P2105

New!





Before

After



Heel Straights™

Correct Heel Posture and Prevent Uneven Shoe Wear

These inserts can instantly control incorrect foot rotation and stop heel rollover. They also relieve pressure on ankles, knees, hips and back while reducing uneven shoe wear.

Specify Small, Medium or Large.

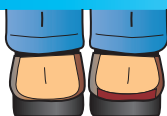
(Fits Shoe Sizes—Small: Women's 5-7;

Medium: Women's 8-10 & Men's 6-8;

Large: Women's 11-13 & Men's 9-11.)

1 pair/package.

● Item P316



Fits discreetly in footwear.



Use "as is" for a 3/8" elevation or simply peel off individual 1/8" layers to get your desired thickness.

Peel-Away™ Adjustable Heel Lift

Fixes Leg-Length Differences, Back Pain, Achilles Strain, Heel Pain

Make your life more comfortable with this simple cushion. It balances leg length discrepancies that can cause hip and back pain. It relieves strain on the Achilles' tendon and foot arch to ease heel pain. Fits left or right foot.

Specify Small, Medium or Large.

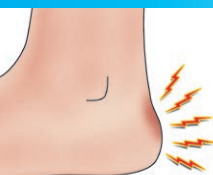
(Fits Shoe Sizes—Small: Women's 4-7;

Medium: Women's 8-10 & Men's 6-8;

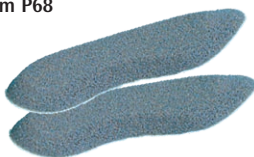
Large: Women's 11+ & Men's 9+.)

1/package.

● Item P6582



Great for women's AND men's shoes



Pedi-Smart® Heel Hugs™

No More Heel Blisters or Snagged Hosiery

Instantly stop shoes from slipping off and rubbing against the back of your heels. These soft foam cushions also absorb shock to soothe and protect sore heels. Self-adhesive backings allow easy positioning in women's or men's footwear. Trimmable.

One Size Fits Most. 2/package.

● Item P68



New!

FasciaFIX® Plantar Fascia Stretching Sock

*Helps Relieve Heel & Plantar
Fasciitis Pain Faster*

Soft, sock-like foot covering with adjustable strap that keeps your foot stretched while resting or sleeping. Helps prevent microscopic tearing of plantar fascia ligament, speeds healing.

Specify Small, Medium or Large.
1/package.

● Item P6045

Sizing Chart

Small fits Calf Circumference less than 8"

Medium fits Calf Circumference 8-16"

Large fits Calf Circumference 16"



P84
Original
Tuli's®

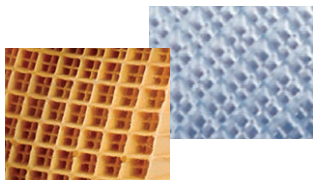


P85 Gel Tuli's®

Tuli's® Heel Cups

Shock Absorbers for Sore Heels

These innovative 'waffle' heel cups compress and rebound with every step to absorb shock and ease heel pain. Help make standing, walking and running more comfortable. Reduce pressure on your arches, ankles, legs and back, too.



Cushioning 'waffle' Design

Specify Size: Regular fits body weight up to 175 lbs. Large fits body weight over 175 lbs. 1 pair/package.

● Item P84 Original Tuli's®

● Item P85 Gel Tuli's®



NEW!

FasciaFix® Plantar Fasciitis Relief Sleeve

Relieves Heel & Arch Pain

FasciaFix® Plantar Fasciitis Relief Sleeve is a unique, multi-zone compression sleeve with a knitted pattern and subtle 'nodules' that help relieve pain and swelling associated with plantar fasciitis. Supports the arch and plantar fascia ligament to help stop heel pain. Promotes healing, enhances circulation and helps minimize the effects of inflammation. Thin enough to be worn under or over socks. Comfortable for all day or all night use. Sizing is approximate and based on Arch Circumference.

Specify Small, Medium, Large or XLarge.
1/package.

● Item P6023

FasciaFix® Sizing

Small — 7"-10" arch circumference
Medium — 9"-13" arch circumference
Large — 11"-15" arch circumference
XLarge — 15"+ arch circumference



New!

Arch Support Bandage with Metatarsal Pad

All-Day Relief for Sore Feet

Elastic bandage with metatarsal pad provides mild arch compression and support to keep feet comfortable, balanced and aligned. Contoured pad lifts and separates metatarsals to relieve neuroma, ball-of-foot pain and calluses. Midfoot compression helps relieve heel, arch and bunion pain. Interchangeable for right or left foot.

Specify Small, Medium or Large.
1/package.

● Item P6002

Arch Support Bandage Sizing

Small fits narrow feet; Medium fits average width; Large fits wide feet.



FeatherStep® Insoles

Ease Foot Pain...Even Your Neuromas

Durable leather that's light as a feather. These shock-absorbing insoles can soothe pain from calluses, neuromas and other foot discomforts while helping improve your posture and balance. They fit comfortably in most shoes. Trim to fit.

Specify Shoe Size: Women's 6-8, 9-11 or Men's 7-10, 11-13. 1 pair/package.

● Item P195

Note: Product contains natural rubber latex which may cause allergic reactions.

End Foot Pain with GelStep® Insoles

Super Silicone Protects Feet Best

GelStep® insoles are made from 100% medical-grade silicone—the most effective cushioning material available AND the most durable! Silicone compresses, then rebounds instantly to absorb shock, relieve pressure and support feet to make standing, walking and running more comfortable. ‘Blue Zones’ are areas of softer gel for extra cushioning and protection. Available with anti-odor, anti-microbial fabric top covers that absorb perspiration, reduce friction and improve comfort. Washable and reusable.

GelStep® Insole & Orthotic Sizing

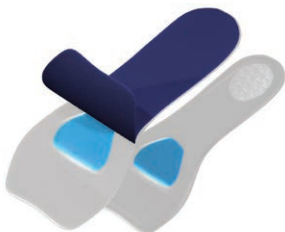
Small fits Women's Shoe Sizes 5-7

Medium fits Men's sizes 6-7 ½, Women's 7 ½-9 ½

Large fits Men's sizes 8-9, Women's 10-12

Extra Large fits Men's sizes 9 ½-11

XX Large fits Men's sizes 11 ½-12 ½



GelStep® Full-Length Replacement Insole, 1 pair/package

- Item 7050-SC, Small
- Item 7051-SC, Medium
- Item 7052-SC, Large
- Item 7053-SC, XLarge
- Item 7054-SC, XXL Large



GelStep® 3/4-Length Insole 1 pair/package

- Item 7000-SC, Small
- Item 7001-SC, Medium
- Item 7002-SC, Large
- Item 7003-SC, XLarge
- Item 7004-SC, XXL Large

GelStep® Thin Dress Insole 1 pair/package

- Item 7029-SC, Small
- Item 7030-SC, Medium
- Item 7031-SC, Large

Super Silicone GelStep® Heel Cups

Proven Effective for Heel Pain, Spurs

If your heels hurt, especially upon rising in the morning, you might be suffering from *plantar fasciitis* or heel spur syndrome—a strain of the ligament on the bottoms of your feet. GelStep Heel Cups relieve this discomfort immediately and take pressure off the over-stretched ligament to help it heal. They effectively absorb the impact of walking to cushion, protect, and ease pressure on ankles, knees, hips and back.

GelStep® Heel Cups Sizing

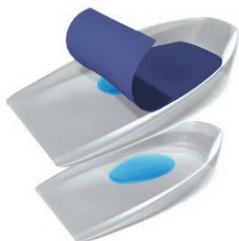
Small fits Women's Shoe Sizes 4-7

Medium fits Men's sizes 6-8 ½, Women's 7 ½-10

Large fits Men's sizes 9-11 ½, Women's 10 ½-12

Extra Large fits Men's sizes 12-14 ½, Women's 12+

XXX Large fits Men's sizes 15+



1 pair/package

- Item 5050-SC, Small
- Item 5051-SC, Medium
- Item 5052-SC, Large
- Item 5056-SC, XLarge
- Item 5057-SC, XXL Large



Arch Support Bandage

Relieves 7 Common Foot Pains

Soft elastic bandage gently squeezes the arch to provide support and extra stability to comfort sore, tired feet. Helps ease heel pain and plantar fasciitis, supports flat feet and fallen arches. Soothes bunion, forefoot and neuroma pain, too. Unlike bulky insoles, its thin design takes up very little space in shoes. Washable, reusable and effective for months.

Sizing is approximate midfoot/arch circumference: Specify Small for narrow feet, 7", Medium for average feet, 8", Large for wider feet, 9", XL for wide feet, 10" midfoot measurement.

2/package.

● Item P60-2

"I have been miserable with plantar fasciitis for the last few months. All the shoe inserts and costly orthotics were ineffective

– until I picked up one of your Arch Bandages. My heel pain went away within 12 hours. I can't tell you how grateful I am. I would recommend this product in an instant. Thank you so much!"

Anne H., Big Rapids, MI



Pedi-Smart® Arch Brace

Raises Your Arch to Lower Your Pain

Plantar fasciitis, flat feet or fallen arches got you down? Then strap on this brace and instantly lift your plantar fascia to ease related toe, bunion, ball-of-foot and/or heel problems, including painful heel spurs. Simply adjust its Velcro®-covered straps, then put on your roomy shoes and go. Interchangeable for left or right foot.

Specify Small or Large. (Small fits Women's shoe sizes up to 9, Men's to 8, Large fits Women's 10+, Men's 9+)

1/package.

● Item P61



Covered gel pad

Visco-GEL®

Arch Support Wrap

Relieves Heel and Arch Pain

Stretchable fabric positions a soft silicone Gel pad under the arch to provide support and cushioning. Helps ease pain, lift fallen arches, and distribute body weight more evenly—away from sore heels or forefoot. Designed for wear under or over socks, or even when barefoot! Thin profile fits in most shoes. Washable and reusable for months. Interchangeable to fit left or right foot.

Specify Small (fits narrow and average width feet) or Large (fits wide feet)

1/package.

● Item P1291

Arch Cradles®

Orthopedically Designed to Ease Foot Pain

Cradle your feet with care. These 3/4-length orthotics fit comfortably in most footwear to gently support your weak or flat arches, stabilize your heels, and protect the balls of your feet.

Sizes:

XSmall (fits Women's 5-6)

Small (fits Women's 7-8, Men's 6)

Medium (fits Women's 9-10, Men's 7-8)

Large (fits Women's 11+, Men's 9-10)

XLarge (fits Men's 11-12)

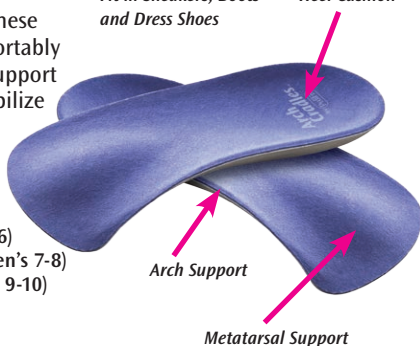
XXLarge (fits Men's 13-14)

1 pair/package.

● Item P182 (trim-to-fit)

Fit in Sneakers, Boots
and Dress Shoes

Heel Cushion



Massaging Gel Work Insoles for Men

All-day comfort in sneakers, boots and dress shoes!

Unique, patent-pending support system provides comfort and shock absorption. Memory foam layer conforms to foot contours like custom-made orthotics. Air perforations boost circulation to keep feet cool and dry.

One Men's trim-to-fit size
fits shoe sizes 8-13.

1 pair/package.

● Item P185



Clear Comfort™ Insoles for Women

Make Pumps and Flats More Comfortable!

Soft Gel absorbs heel shock, supports your arch and cushions ball-of-foot. Thin, 3/4-length design fits in all shoes. Great for high heels, flats and boots.

Fits shoe sizes 6-10.

1 pair/package.

● Item P225





NEW!

*Metatarsal
Support Pads*



Ball-of-Foot Pads



Callus Pads



Arch Pads



Dancer's Pads



*Reusable
Callus Cushions*



Corn Cushions



Pedi-GEL® Self-Sticking Shoe & Foot Pads

*Cushion and Protect
to Relieve Pain*

This unique new material adheres directly to skin or to the insides of shoes—whichever is preferred—to provide extra foot cushioning and support. Self-sticking Gel is washable and reusable, providing long-lasting relief from foot pain or shoe pressure. Choose a pre-made shape to relieve your specific discomfort, or make your own from flat sheets.

Ball-of-Foot Pads

● Item P8201, 2/package

Arch Pads

● Item P8202, 2/package

Callus Pads

● Item P8203, 2/package

Dancer's Pads

● Item P8204, 2/package

Trim-to-Fit Sheets

● Item P8205, 2/package

Corn Cushions

● Item P8206, 12/package

Reusable Callus Cushions

● Item P8207, 6/package

Metatarsal Support Pads

● Item P8208, 1 pair/package



Sheets (2" x 3 ½")

Specialty Socks For Unique Needs

These innovative socks have hand-sewn toe seams to eliminate irritating ridges—a feature that provides extra comfort to all feet, especially those with special needs. An anti-bacterial finish protects against germs and a cross-stretch construction conforms to feet without binding or bunching.



SeamLess™ Socks offer hand-sewn toe seams to eliminate irritating ridges. Durable fibers help these socks return to their original shape after laundering.

SeamLess™ Everyday Socks

Specify Small, Medium/Large or Extra Large. 1 pair/package. White

● Item P795

Material Content: 94% Cotton, 5% Nylon, 1% Elastic.



'No Ridge' toe seam

*Recommended
for Diabetics*

SeamLess™ Oversized Socks

SeamLess™ Oversized Socks feature extra wide tops that expand to 18" to fit easily over enlarged feet, ankles, calves.

Specify Small, Medium/Large or Extra Large. 1 pair/package. White

● Item P798

Material Content: 96% Cotton, 4% Elastic

Stretches to 18 inches

*Recommended
for Diabetics*

SeamLess™ Sock Sizing Chart

Small fits Women's Shoe Sizes 5-7 ½, Men's 4-6 ½

Medium/Large fits Women's Sizes 8-10 ½, Men's 7-9 ½

Extra Large fits Women's Sizes 11-13 ½, Men's 10-12 ½

Stretch Socks™

Stretch Socks™ expand to 20" inches to fit enlarged feet, ankles, calves, and over casts or bandages. Extra padding for more protection, too. Micro-COOL™ fiber treatment helps these absorb perspiration.

Specify Medium, Large or Extra Large. (Fits Wide Shoe Sizes—Medium: Women's 7-9 & Men's 6-8; Large: Women's 10-13 & Men's 9-12.)

1 pair/package. White

● Item P760

Material Content: 96% High-Bulk Acrylic, 4% Lycra®

Stretches to 20 inches...
great as a cast cover



Extra padding from the back of heels to the tops of toes

*Recommended
for Diabetics*



Visco-GEL® Ankle Protection Sleeves

For Lasting Comfort and Pain Relief

These unique Soft'N Stretch™ fabric sleeves position protective Gel where you need it most to relieve Achilles strain or injury, ankle bone pressure or top-of-foot rubbing in boots, skates, athletic or everyday shoes. Visco-GEL® absorbs pressure, friction, shock and shear and cushions these sensitive areas. Slim designs fit comfortably in most footwear. Choose the Sleeve that offers protection where you need it most.

Small Fits Women's shoe sizes to 9, Men's to 7. Large fits Women's shoe sizes 9+, Men's 7+

Visco-GEL® Achilles Protection Sleeve
Choose Small or Large

● Item P1400, 1/package



Soft Gel Inside



Used by
Professional
Hockey
Players

Soft Gel Inside

Visco-GEL® Skate & Boot Protection Sleeve
Choose Small or Large

● Item P1408, 1/package

Visco-GEL® Ankle Bone Protection Sleeve

One Size Fits Most

● Item P1405, 1/package



*Soft Gel Inside
Protects Both
Sides of Ankle*

FELTastic™ **Bunion Shield**

Cushions & Protects Sore Bunions

Soft, genuine Felt construction provides long-lasting relief from bunion pain. Dual Felt layers, with foam cushion inside and bunion 'hole' combine to offer thin but effective protection of the sore area. Special design fits comfortably in most shoes. Elasticized band keeps Shield in place. Not for people with diabetes.

One Size Fits Most. 1/package.

● Item P48



Pedi-Smart® **NEW!** **Compression Anklelet** **Relieves Pain, Swelling**

Soothes Sprains, Strains, Injuries

This unique, comforting, German-made Ankle Compression Sleeve helps minimize ankle and calf swelling and pain to speed healing after ankle sprains, arch strains, ankle or foot surgery. Special fabric and sewing technology is cool and comfortable, with exclusive ankle-hugging knit design. Measure ankle just above "ankle bone". Specify Small (8"–8 ¾"), Medium (8 ¾"–9 ½"), Large (9 ½"–10 ¼"), XLarge (10 ¼"–11"), XXLlarge (11"–11 ¾")

Beige 1/package.

● Item P6020

Black 1/package.

● Item P6021



Now available in Black!

Discreet compression support for fashion-conscious patients.

#6021

The information in this catalog is not intended to replace professional care. If your foot problems persist or worsen, visit a podiatric or orthopedic foot specialist. If you have diabetes, see your doctor regularly and take extra good care of your feet.

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3-Layer Toe Separators, "4 in 1" Super Soft Toe Cushions, Arch Cradles, Bunion Guard, Bunion Relievers, Callus Control Cream, Clear Comfort, DaySplint, Deep-Healing Foot Cream, Diabetic Defense, Dual-Action Bunion Fix, FasciaFIX, FeatherStep, FELTastic, FungaSoap, FungaZoil, GelStep, Gel Ultimates, Hammer ToeCrutch, Hammer Toe Wrap, Heel Hugs, Heel-So-Smooth, Heel Straights, Little Toe Sleeves, Nighttime Bunion Regulator, NoBend, the No Fungus symbol, the No Sore Feet symbol, PediFix, Pedi-GEL, PediLux4, Pedi-Patch, Pedi-Quick, Pedi-Smart, Peel-Away, Podiatrists' Choice, PolyFoam, SeamLess, ShoeZap, Soaking Crystals, Soft'N Stretch, SoreSpot, Stay-Put Toe Separators, Stay-Put Toe Spacers, Step-N-Smooth, Stretch Socks, Tea Tree Ultimates, Toe Trainers, ToeBuddy, Tubular Foam Toe Bandages and Visco-GEL are trademarks of PediFix, Inc.

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Tuli's and TuliGel are trademarks of Medi-Dyne Healthcare Products, Ltd.

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Common Foot Problems and Solutions



Corns: Hardened spots of thickened skin on toes that protect skin and underlying bones from excess pressure and friction.

Solutions: Pads, cushions, files, change shoes that rub, add arch supports to footwear to redistribute forces and alter foot function.



Calluses: Hardened areas of skin that thicken to protect skin and underlying bones from excess pressure, friction.

Solutions: Pads, cushions, files, change shoes that rub, add arch supports or ball-of-foot pads to shoes to redistribute forces and alter foot function. Moisturizing creams or exfoliating scrubs.



Warts: Round, colored, textured skin spots caused by a virus. Generally harmless, but sometimes sensitive to pressure.

Solutions: Pads, cushions, wart removers, professional treatment.



Foot Odor: Smelly shoes, socks and feet, often caused by bacteria and excess perspiration.

Foot Fungus: Athlete's Foot causes skin itching, cracking, peeling and odor.

Solutions: Wash and dry feet thoroughly, wear and change socks frequently, change shoes regularly so they dry, add absorbent insoles to shoes, apply creams, powders and/or deodorants to feet, foot soaks to clean and deodorize.



Bunions: Thickening, deformity of the bone and/or inflammation of tissues around the big toe joint, sometimes accompanied by a crooked big toe.

Solutions: Pads and cushions can protect the sensitive bunion area or separate toes that rub. Wider shoes reduce shoe pressure and friction. Arch supports and lower heel heights ease foot strain that can contribute to bunions.



Hammer Toes: Flexible or rigid bent-under toes can cause toe-tip and toe-top corns, ball of foot pain.

Solutions: Pads, cushions, caps that straighten, support or protect toe tips and tops. Change to roomier shoes, add arch supports or ball-of-foot pads to footwear to redistribute forces and alter foot function.



Crooked Toes: Flexible or rigidly crooked toes can cause irritation and pain.

Solutions: Pads, cushions, caps, separators can help align flexible toes. Change to roomier shoes.



Heel Pain: Most often the result of a strain of the 'plantar fascia' ligament on the bottom of the foot, hence the medical term 'plantar fasciitis'.

Solutions: Arch supports, heel cushions, stretching, night splints, massage, injections to reduce inflammation and patience — this can be a difficult condition to treat. Take action at the first sign of heel pain.



Pump Bump: Rubbing of the heel against the insides of shoes causes pain, blisters.

Solutions: Shoe pads, heel cushions, better fitting shoes.

Neuroma: Inflammation or benign growth of a nerve, most commonly at the base of the third or fourth toes.

Solutions: Change to roomier shoes, add arch supports or ball-of-foot pads to footwear to redistribute forces and alter foot function.



Ball-of-Foot Pain: Often the result of irritation to the foot bones or ‘metatarsals’, hence the medical term ‘metatarsalgia’. As we age, the natural ‘fat pad’ that protects our feet grows thinner, making us increasingly susceptible to this condition.

Solutions: Pads, cushions that provide extra protection or support. Change shoes, add arch supports or ball-of-foot pads to footwear to redistribute forces and alter foot function.



Nail Fungus: Common fungus gets under nails and spreads, causing discoloration (yellowish, brownish), flaking, thickening, discomfort, odor and embarrassment.

Solutions: If caught early, topical anti-fungal liquids can help improve nail appearance, but once the infection takes hold under the nail, these are less effective. Seek professional care—the sooner the better—the longer the infection has to get established, the more difficult it is to treat. New treatments are being tested, including lasers that kill the fungus, oral drugs (though these can cause side-effects) and new, more powerful liquids that can penetrate the nail bed.



Diabetes: Diabetes can cause neuropathy—a loss of feeling in the feet—making it hard to notice small sores. Diabetes can prevent small foot sores from healing. Foot sores that don’t heal are called ‘ulcers’. Ulcers that don’t heal can lead to foot and leg amputations.

Solutions: If you have diabetes, you MUST TAKE EXTRA GOOD CARE OF YOUR FEET. And if you know or love someone with diabetes, you’ll do them a great favor by volunteering to help. Quite often, people with diabetes are unable to perform some of these steps.

Inspect feet daily. Look for early signs of skin breakdown, including blisters, corns, calluses, reddened spots or areas.

Wash feet every day & dry them thoroughly, especially between toes.

See a Podiatrist regularly for a professional foot inspection—at least once a year, twice or more if you have problems. Free foot screenings are widely available.

Make sure shoes fit properly—too small, too short, or too narrow can cause pressure spots.

Don’t go barefoot. You can damage your feet too easily.

Take care of toenails. Trim them carefully and properly. Get help if you can’t do this yourself.

Don’t wear socks that restrict circulation, bunch, crease or cause sore spots.

Don’t self-treat foot problems with anything elastic or acidic.

The obvious: Control your blood sugar. Don’t smoke.

Exercise regularly.

For more information, ask your doctor or visit www.pedifix.com



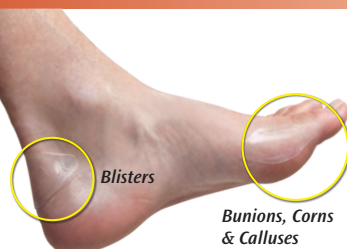
Visco-GEL® Moleskin Protective Padding

Superior to Traditional Moleskin

This self-adhesive, triple-action gel padding will cushion, protect and moisturize as it absorbs pressure and friction. Visco-GEL silicone is perfect for corns, calluses, bunions, blisters, heels and more. Washable and reusable. (Maintains self-adhesive properties even after washing.)

2 sheets/package (2 ½" x 3").

● Item P805



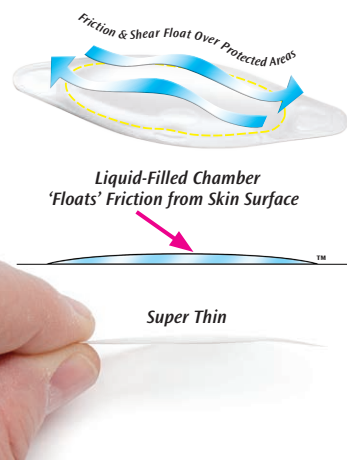
SoreSpot® LiquiCell® Blister & Skin Protection Bandages

Cushion Wherever Shoes Rub

Exclusive new liquid-filled bandages relieve and protect blisters, corns and calluses. Help minimize friction to prevent skin injury and breakdown. Use to prevent irritations or protect and comfort them after they've formed. These react dynamically to pressure and shear forces, changing shape subtly while worn. Ultra-thin so they fit in any shoes. Clear and invisible. Flexible and conforming to foot contours. Self-adhesive so they stay in place. Also effective for diabetic skincare and other friction reduction applications. Small Bandages fit toes. Large Bandages fit bunions, heels, ball-of-foot. Specify size.

4/package

● Item P810



NEW!

Visco-GEL® Silicone Scar Management Sheets

*Help improve the
appearance of scars*

Self-adhesive Silicone stays in place to help smooth, soften and improve the texture, color and thickness of scars, relieve itching and pain. Washable, reusable and durable for repeated applications. Soft, pliable, comfortable and tear-resistant. Trim to fit.

2/package (2 ½" x 3")

● Item P806

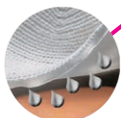
Visco-GEL® Heel-So-Smooth® Heel Sleeves

*Relieve Rough,
Dry, Cracked Heels*

Slip on these comfortable foot sleeves while you sleep or rest to soften your dry, cracked heels. The heel area of these innovative sockettes is lined with our exclusive Gel that releases mineral oil & Vitamin E to soothe damaged skin. Washable and reusable.

One Size Fits Most.
1 pair /package.

● Item P800



Moisture Zone



Before

After

Gel Ultimates® Moisturizing Booties

Softer feet in hours!

These cushioned, Visco-GEL-lined booties moisturize and soften hard, dry, rough skin — fast. You'll have smooth feet after just a few short treatments. Enjoy salon-style pampering at home! Exclusive Gel that fully surrounds your feet — not just the soles — gradually releases jojoba, avocado and olive oil onto the skin's surface. Terrycloth comfort and safe to wear around the house while your feet get super soft! Washable and reusable for months.

One Size Fits Most. 1 pair /package.

● Item P802



Fully-lined
with soft Visco-GEL®

Pedi-Quick® Shower Foot Scrubber

*The NoBend™ Bath & Shower
Aid, Ideal for Those Who Can't
Easily or Safely Reach Their Feet*

Cleans, massages and stimulates your feet every time you shower. 11,000 soft, contoured bristles scrub toes, soles, heels and sides of feet. Stays in place with integrated suction cups. Heavy duty construction. Made in USA. Includes 5.1 oz. bottle of Tea Tree Oil-infused FungaSoap® to wash fungus and bacteria from skin surfaces.

1/package.

● Item P3360

New!



With 5.1 oz. FungaSoap®
\$10 Value!





FungaZoil® **NEW!** **Advanced** **Antifungal Treatment** *Kills More Types of Fungus*

First Clotrimazole & Penetrating Essential Oils Formula. Effective against 6 different causes of infection and discoloration, including fungi, mold and yeast. Treats fungus of the toes and fingers on skin around, adjacent to and under nails (where accessible with applicator brush).

.5 oz. 1 bottle

● Item P3492



Long-lasting file surface

Pedi-Quick® **Step-N-Smooth®** **Shower Foot File** *Gently Files Feet While Standing*

Safely reduce corns, calluses and rough, dry skin on feet. This long-lasting mat is conveniently designed to rest on the shower floor. A non-skid backing keeps it securely positioned to help prevent slipping. Great for people who cannot easily reach their feet.

1/package.

● Item P3030



Pedi-Quick® **Safety** **Corn & Callus Trimmer** *Removes Rough, Dry Skin*

The safest of its kind! Flexible, non-slip handle prevents excess pressure, allows precise control as you 'shave' calluses smooth. Safe and effective when used carefully.

1 trimmer/package.

● Item P3035

*3 blades are included in each pack. Each trimmer blade is reversible and provides two long-lasting, stainless-steel edges.

Blade Refills. 5/package.

● Item P3036

Pedi-Quick® Pedicure Kit

**Keep Feet Soft, Smooth
& Healthy-Looking**

Enjoy safe, fast, professional-style pedicures at home, for less than the cost of a single trip to the salon! New rotary microfile and larger emery buffer whisk away corns, calluses and thick skin on heels. Improved hand-piece design and more powerful motor, too. Your feet will look better in minutes. (Uses four AA batteries not included.)

1 kit/package.

● Item P3349

Emery Replacements. Each package contains three pre-cut discs:

● Item P3348



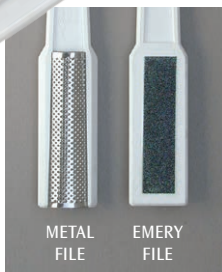
Pedi-Quick® Dual-Action Foot File

**Quickly Reduces Corns
and Calluses**

Whisk away those painful corns and calluses to unveil sleeker, more attractive feet. This handy file features a fine emery surface to smooth rough, dry areas and a coarse stainless-steel surface to help reduce extra-hard skin. A non-slip handle provides precise control. Works great on hands and nails too.

1/package.

● Item P3011



Pedi-Quick® 2-Sided Foot File

Get Salon Treatment at Home

This file makes it easy to do your own pedicures. Like files used in salons, ours features two different emery surfaces—one fine and one coarse—to gently smooth rough, dry or hardened skin. It works great on corns and calluses as well as nails. Ergonomically-designed, non-slip handle provides precise control.

1/package.

● Item P3020





Tea Tree Ultimates® Soaking Crystals™

Help Soak Away Fungus & Bacteria from Skin Surface

A therapeutic foot soak featuring our exclusive blend of tea tree and peppermint essential oils, Epsom salt and sea salt. This invigorating soak soothes aches and pains, relieves itching and softens corns and calluses while fighting fungus and bacteria. Leaves your feet feeling refreshed, clean and smelling great!

6 oz. 6, 1oz. packets/package.

● Item P3078



NEW!

Podiatrists' Choice® Callus Control Cream™

Extra-Strength Formula for Fast Softening

20% Urea — the skin-care ingredient doctors prefer — to smooth and soften dry, rough, hard skin.

4 oz. 1 jar

● Item P3310



Deep-Healing Foot Cream™

Doctor-Recommended for Rough, Dry, Cracked Feet and Heels

Help is here! This non-greasy cream features mineral oil and vitamins A, D and E to moisturize skin, soften calluses and revitalize your feet. Our special formula penetrates deeply to help heal dry, cracked areas—which is especially beneficial for people with diabetes and sensitive feet. Also works great on hands.

4 oz. 1 jar

● Item P3069



PediLux4™ Foot Odor Cream

One Use Stops Foot Odor for Months

Single application keeps smelly feet odor-free for up to 90 days. Patent-pending cream formula helps limit bacteria growth that causes foot and shoe odor. Just apply to feet, wear the special absorption socks (included), and foot odor is gone. Doctor recommended for stinky feet problems

0.18 oz. 1 kit/package.

● Item P3328



Diabetic Defense® Daily Therapy Foot Moisturizer

**Restores and Prevents
Chronic Dry, Damaged Skin**

Diabetic Defense® Daily Therapy Foot Moisturizer contains a rich, non-greasy hydrating formula of Shea butter with vitamins A, E & F to penetrate the skin, help provide effective care of diabetic skin conditions while keeping the skin soft, supple and healthy.

4 oz. 1 jar

● Item P3620



Diabetic Defense® Daily Therapy Foot Wash

Extra Protection for At-Risk Feet

With Shea Butter for moisturization and Ginger Oil to stimulate circulation, this Tea Tree Oil enriched liquid soap washes fungus and bacteria from the skin surface to help prevent infections. Safe for everyday use with no harmful side effects. Convenient application in the bath or shower.

5.1 oz. 1 bottle/package.

● Item P3076





PediFix Footcare Company
281 Fields Lane, STE 1
Brewster, NY 10509 USA



*Here's help
to end foot pain*

Available From:

